Twelve months tip sheet



Did you know?

Your toddler loves exploring and needs your positive support.

Your toddler will start to use some single words, and understand many more.

Toddlers enjoy spending time with you, singing and playing the same songs and games over and over again.

Toddlers start to enjoy books with more words.

Toddlers like making marks and dots with thick crayons.

This is a critical language stage. Playing with your toddler is always better than TV.

What can you do now?

Help your toddler to talk. Repeat words and tell them new ones, still using your home language.

Sing simple songs with finger movements.

Use games and rhymes to name parts of the body.

Sit together every day to look at pictures and read stories. Take books everywhere.

Turn off the TV or radio when you play with your toddler.

Take time to look and listen to sounds and objects around your house.

Play and sing along with children's CDs or tapes, at home or in the car.

How about joining your local library or playgroup?

Who can help you?

Family and friends.

Your doctor or community worker, childcare or playgroup staff.

Early Words website www.earlywords.info

If your toddler has additional needs, ask your doctor or toddler's special worker for more ideas.

Look out for another tip sheet when your baby is 18 months old.